



BAR & RESTAURANT

CALL FOR TAKE OUT: 888.475.3746 SELECT 7 - OPEN 7 DAYS 11:00 AM TO 7:00 PM

FAMILY STYLE MEAL PACKAGES WILL BE AVAILABLE FRIDAY, MARCH 27TH!

STARTERS

NEW ENGLAND CLAM CHOWDER 6 CUP/7 BOWL

BEEF CHILI 6 CUP/7 BOWL
With Jack Cheese & Red onion

WINGS 11

Choice of Breaded or Unbreaded: Buffalo, Thai Chili, Carolina Gold BBQ, Memphis BBQ,
Garlic Butter, House Sauce, Jerk

CRISPY SHRIMP 12

Thai Chili Dipping Sauce & Green Onion

STEAMED EDAMAME SOY BEANS 9

Seasoned with Sea Salt

CRISPY MOZZARELLA STICKS 8

Basil Pesto & Marinara

SALADS

COBB SALAD 10

WITH GRILLED FLAT IRON STEAK* 15

CRISPY CHICKEN OR GRILLED CHICKEN BREAST 13

Baby Lettuce, Chopped Bacon, Bleu Cheese, Grape Tomatoes,
Hard Boiled Eggs, Avocado, Balsamic Vinaigrette

CLASSIC CAESAR 9/6

Crisp Romaine Lettuce, Creamy Dressing, Aged Parmesan, Roasted Garlic Croutons
Add Grilled Chicken Breast 4

PURE POWER SALMON SALAD 14

Ancient Grains, Baby Greens, Roasted Beets, Tomatoes, Carrots, Champagne Vinaigrette

ARTISANAL GREENS 9/5

Tomatoes, Red Onions, Carrots, Roasted Garlic Croutons, Balsamic Vinaigrette
Add Grilled Chicken Breast 4

*THESE MENU ITEMS COOKED TO ORDER NOTICE: CONSUMING RAW OR UNDER COOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

SANDWICHES

PULLED PORK PRETZEL SANDWICH 11

Smoked Pork, Memphis BBQ or Carolina Gold Mustard Based BBQ Sauce,
Cole Slaw on a Pretzel Bun with Fries

SHAVED PRIME RIB PHILLY 13

On Crusty Bread, Sauteed Onions, Peppers and American Cheese with Fries

FRENCH DIP 13

Shaved Prime Rib on Crusty Bread, American Cheese, Rosemary Au Jus - served with Fries

BLT 9

CHOICE OF WHITE, WHEAT, RYE OR A WRAP
Smoked Bacon, Romaine, Tomatoes, Herbed Mayonnaise with Potato Chips

PROPER REUBEN 12

Rye Bread, Corned Beef Brisket, Sauerkraut, Swiss Cheese, Russian Dressing with Potato Chips

SOUTHWEST SMOKED CHICKEN & ROASTED CORN WRAP 10

Monterey Jack Cheese, Spicy Sauce, Lettuce & Tomato with Potato Chips

CLASSIC TUNA MELT ON WHEAT 9

with Vegetable Chips

MEMBER'S CLUB 11

CHOICE OF WHITE, WHEAT, RYE OR A WRAP
Shaved Turkey Breast, Swiss Cheese, Bacon, Romaine, Tomato and Herbed Mayonnaise with Fries

CHICKEN PARMESAN SANDWICH 10

Provolone, Marinara on a Toasted Soft Roll with Fries

SUBSTITUTIONS 2

French Fries or Sweet Potato Fries, Green Salad, Fresh Fruit, Vegetable Chips

ANGUS HALF POUND BURGER 12*

Served on a Toasted Knot Roll with Fries

CHOOSE YOUR OWN TOPPERS

INCLUDES TWO: EXTRAS .50 EACH - BACON 1.00

AMERICAN CHEESE ~ CHEDDAR ~ SWISS ~ PROVOLONE

LETTUCE & TOMATO ~ RED ONION ~ SAUTEED MUSHROOMS ~ AVOCADO ~ SAUTEED ONIONS & PEPPERS

MAYONNAISE ~ HERB MAYONNAISE ~ JERK MAYONNAISE ~ MEMPHIS BBQ ~ BASIL PESTO

MAKE IT A GRILLED CHICKEN BREAST ON A SOFT ROLL 10

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VISIT OUR WEBSITE AT: LAKEOFISLES.COM