



**BAR & RESTAURANT**

**CALL FOR TAKE OUT: 888.475.3746 SELECT 7 - OPEN 7 DAYS 11:00 AM TO 7:00 PM**

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**STARTERS**

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**NEW ENGLAND CLAM CHOWDER 6 CUP/7 BOWL**

**BEEF CHILI 6 CUP/7 BOWL**  
With Jack Cheese & Red onion

**WINGS 11**

Choice of Breaded or Unbreaded: Buffalo, Thai Chili, Carolina Gold BBQ, Memphis BBQ, Garlic Butter, House Sauce, Jerk

**CRISPY SHRIMP 12**

Thai Chili Dipping Sauce & Green Onion

**STEAMED EDAMAME SOY BEANS 9**

Seasoned with Sea Salt

**CRISPY MOZZARELLA STICKS 8**

Basil Pesto & Marinara

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**SALADS**

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**COBB SALAD 10**

**WITH GRILLED FLAT IRON STEAK\* 15**

**CRISPY CHICKEN OR GRILLED CHICKEN BREAST 13**

Baby Lettuce, Chopped Bacon, Bleu Cheese, Grape Tomatoes,  
Hard Boiled Eggs, Avocado, Balsamic Vinaigrette

**CLASSIC CAESAR 9/6**

Crisp Romaine Lettuce, Creamy Dressing, Aged Parmesan, Roasted Garlic Croutons  
Add Grilled Chicken Breast 4

**PURE POWER SALMON SALAD 14**

Ancient Grains, Baby Greens, Roasted Beets, Tomatoes, Carrots, Champagne Vinaigrette

**ARTISANAL GREENS 9/5**

Tomatoes, Red Onions, Carrots, Roasted Garlic Croutons, Balsamic Vinaigrette  
Add Grilled Chicken Breast 4

\*THESE MENU ITEMS COOKED TO ORDER NOTICE: CONSUMING RAW OR UNDER COOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

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## SANDWICHES

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### **PULLED PORK PRETZEL SANDWICH 11**

Smoked Pork, Memphis BBQ or Carolina Gold Mustard Based BBQ Sauce,  
Cole Slaw on a Pretzel Bun with Fries

### **SHAVED PRIME RIB PHILLY 13**

On Crusty Bread, Sauteed Onions, Peppers and American Cheese with Fries

### **FRENCH DIP 13**

Shaved Prime Rib on Crusty Bread, American Cheese, Rosemary Au Jus - served with Fries

### **BLT 9**

CHOICE OF WHITE, WHEAT, RYE OR A WRAP

Smoked Bacon, Romaine, Tomatoes, Herbed Mayonnaise with Potato Chips

### **PROPER REUBEN 12**

Rye Bread, Corned Beef Brisket, Sauerkraut, Swiss Cheese, Russian Dressing with Potato Chips

### **SOUTHWEST SMOKED CHICKEN & ROASTED CORN WRAP 10**

Monterey Jack Cheese, Spicy Sauce, Lettuce & Tomato with Potato Chips

### **CLASSIC TUNA MELT ON WHEAT 9**

with Vegetable Chips

### **MEMBER'S CLUB 11**

CHOICE OF WHITE, WHEAT, RYE OR A WRAP

Shaved Turkey Breast, Swiss Cheese, Bacon, Romaine, Tomato and Herbed Mayonnaise with Fries

### **CHICKEN PARMESAN SANDWICH 10**

Provolone, Marinara on a Toasted Soft Roll with Fries

### **SUBSTITUTIONS 2**

French Fries or Sweet Potato Fries, Green Salad, Fresh Fruit, Vegetable Chips

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## **ANGUS HALF POUND BURGER 12\***

Served on a Toasted Knot Roll with Fries

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### **CHOOSE YOUR OWN TOPPERS**

**INCLUDES TWO: EXTRAS .50 EACH - BACON 1.00**

AMERICAN CHEESE ~ CHEDDAR ~ SWISS ~ PROVOLONE

LETTUCE & TOMATO ~ RED ONION ~ SAUTEED MUSHROOMS ~ AVOCADO ~ SAUTEED ONIONS & PEPPERS

MAYONNAISE ~ HERB MAYONNAISE ~ JERK MAYONNAISE ~ MEMPHIS BBQ ~ BASIL PESTO

**MAKE IT A GRILLED CHICKEN BREAST ON A SOFT ROLL 10**

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**VISIT OUR WEBSITE AT: LAKEOFISLES.COM**